

# SHALVA



**SHALVA's vision is a strong and peaceful community, where every woman is safe in her home or relationship. We specialize in supporting Jewish women experiencing and healing from domestic abuse, through counseling, supportive services and community education.**

SHALVA, an Illinois not-for-profit 501(c)3, is the oldest independent, Jewish domestic abuse agency in the United States and has been instrumental in facilitating national and international dialogues on domestic violence and the specific needs of the Jewish community.

We offer **confidential domestic abuse counseling** services to clients across the Chicago metropolitan area in a culturally-sensitive and caring environment. Clients receive free and individualized services for as long as needed.

SHALVA is dedicated to increasing community awareness about domestic abuse by providing a wide range of **prevention and education programming**. Settings range from intimate parlor meetings to large group presentations for organizations, schools, businesses and synagogues. Programs are individualized to meet the needs of our hosts.

#### **Clinical Services include:**

- 24/7 help/crisis line – 773-583-HOPE(4673)
- Unlimited individual and group counseling
- Legal information and support
- Financial assistance and interest-free loans
- Case management
- Information and referrals

#### **Community Education programs include:**

- How To Support a Friend or Loved One
- What Kind of Relationship Is It? High Conflict versus Abusive Relationships
- Safe Dating Practices and Warning Signs
- Understanding Domestic Abuse in the Jewish Community
- Trainings for medical, mental health and legal professionals

**For help or information contact:  
SHALVA 773-583-HOPE (4673)**

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*A partner with the Jewish United Fund in serving our community.*