YWCA Metropolitan Chicago is the oldest and largest women’s organization in the region, with a mission to eliminate racism and empower women. For more than 140 years, YWCA Metropolitan Chicago has been committed to serving the evolving needs of women and families. Today, we help more than 200,000 individuals annually through programs focused around Safety & Wellness, Education & Training, and Economic Sustainability. We are the largest provider of sexual assault support services in the state of Illinois, offering crisis intervention, counseling, prevention education and medical and legal advocacy services. We administer the state’s largest Child Care Resource and Referral program offering services to families seeking child care and a variety of support resources for child care providers. We also offer career, financial management, digital literacy and business services to help youth and adult members achieve financial stability and obtain training to enter high-growth fields.

**Our services are available at 8 locations throughout the city and suburbs**
- Loop
- West Loop
- North Lawndale
- Logan Square
- Englewood
- Woodlawn
- Chicago Heights
- Addison

**Rape Crisis Hotlines provided by YWCA Metropolitan Chicago**

**Chicago Metropolitan Area**
888-293-2080

**Western Suburbs**
630-971-3927

**South Suburbs**
708-748-5672

### Services

**Rape Crisis Intervention:** Operating 24 hours a day, 7 days a week, the Rape Crisis Hotlines provide survivors of sexual assault/abuse and their significant others immediate support, crisis intervention and referrals for the city of Chicago and surrounding suburbs.

**Sexual Assault Counseling:** The YWCA provides confidential individual counseling to sexual assault survivors and their non-offending family members. Services are offered to survivors of sexual abuse, sexual assault and sexual exploitation, ages 3 and above.

**Medical and Legal Advocacy:** The YWCA provides 24-hour Medical and Criminal Justice services to survivors of sexual assault and sexual abuse. The YWCA Medical and Criminal Justice Program help to reduce the trauma and help with the healing process. Advocates will provide emotional support and information during medical and criminal justice procedures to sexual assault survivors, non-significant others, and non-offending family members.

**Sexual Assault Education:** The YWCA offers education services to schools, youth-focused organizations and professionals. Education services prepare students, teachers, parents, and professionals to prevent, recognize the signs of and appropriately respond to abusive behaviors.

**Child Care Referrals:** Finding quality, convenient and affordable child care is not an easy job. The YWCA assists parents and caretakers in their search for child care through referrals, individual counseling and provider workshops. Parent Services provides information and referrals to help you find the right child care solution for your family. We serve Kane and DuPage counties.

**Career Services:** The YWCA provides personalized coaching and new skills training for those looking to advance in their careers or get a fresh start in a new industry. Through a combination of workshops, trainings, mentorship and self-directed learning, the YWCA helps prepare adults to compete in a 21st Century workforce.

**Financial Management Services:** With trained financial services professionals, the YWCA offers educational services covering topics like budgeting, credit repair, home buying and investing to help individuals begin their journey toward financial security.

**Business & Entrepreneurship Services:** The YWCA is proud to help entrepreneurs take their small businesses to the next level through training and workshops, personalized coaching, networking opportunities and marketing through the YWCA’s e-commerce website YShop (yshop.org).

**Technology Access & Training:** YWCA Innovation & Technology Institutes (ITI) help bridge the digital divide by offering fully-equipped computer technology labs where visitors can access one-on-one and group training opportunities in hardware and software basics, internet navigation, email communication, website design and Microsoft certification.

**Women’s Health Exchange:** The YWCA offers interactive workshops providing targeted education on a variety of topics addressing not only physical health but also emotional, social and economic wellness. In addition, we offer a website (womenshealthexchange.org) focused specifically on women’s wellness which contains valuable content and resources to assist women in making smart decision on issues ranging from disease risk factors to nutrition to stress management to obtaining health insurance and budgeting for health care costs.

To learn more about these services and more visit us at [www.ywcachicago.org](http://www.ywcachicago.org)